

The 13<sup>th</sup> Hong Kong International Nursing Forum organised by the School of Nursing of The University of Hong Kong with the theme on "*Nurses' Impact on Planetary Health*" is being held on March 5, 2024 in Hong Kong. The Event this year has attracted delegates from different disciplines and different parts of the world.

By sharing knowledge, best practices, and innovative solutions, this event aims to inspire and empower nurses to continue making a positive impact on both human health and the well-being of our planet, ultimately elevating their role in addressing pressing global health and environmental challenges in the years to come.

### **Organising Committee**

Co-Chairpersons Professor Patsy Chau Professor Edmond Choi

Advisors Professor Chia-Chin Lin

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Members	Professor Patsy Chau	Professor Denise Cheung	Professor Derek Cheung
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# Co-organisers (in alphabetical order)



School of Nursing Centro Escolar University



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Faculty of Nursing Chulalongkorn University



School of Nursing Curtin University



School of Nursing & Midwifery Deakin University



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# Welcome Messages



In today's interdependent world, the concept of planetary health has emerged as a crucial area of concern. The Rockefeller Foundation—Lancet Commission on planetary health acknowledges that human health and the health of our planet are inextricably intertwined, and that our civilisation depends not only on human health, but thriving natural systems and our wise stewardship of natural resources. With natural systems being degraded to an extent that is unprecedented in human history, both our health and that of our planet are in peril.

During the Covid-19 pandemic, the nursing profession has fully demonstrated its commitment to planetary health through filling a wide variety of positions in health care in varied settings. Nurses, working both individually and collaboratively with other healthcare professionals, stood on frontline of global health emergency, making full use of their expertise and skills to take care of patients, educate them and their carers, support vaccination, treatment and many more under challenging circumstances. This has also been a snapshot of HKUMed's School of Nursing over the past few years.

As nursing emerges from the great tests of pandemic, the profession now gears up to shape planetary health through their multi-dimensional engagement in education, research, policy change, and improving health for all. For instance, with global temperatures breaking new records, nurses are well positioned to attend to climate change by transforming healthcare delivery to be climate-resilient, conducting research on its health effects, educating professionals, patients, communities, as well as advocating for environmentally-sound health policies through an equity lens.

At HKUMed, we firmly believe that new possibilities are often realised by open dialogues and close collaboration. Drawing on the expertise and experience of professionals and partners worldwide, this year's Forum is a perfect opportunity to share powerful insights into nursing for a healthier planet and human wellbeing.

I wish you all a very fruitful and inspiring exchange.

**Professor Chak-sing Lau**Dean of Medicine
The University of Hong Kong

# Welcome Messages



It is with immense pleasure that we extend a warm welcome to all participants attending the 13<sup>th</sup> Hong Kong International Nursing Forum organised by the School of Nursing of The University of Hong Kong. As many of you are aware, the Nursing Forum serves as our School's premier event, and this year's gathering holds special significance as it marks the first in-person Forum since the onset of the COVID pandemic.

We are pleased to host this year's event with invaluable support from 45 esteemed co-organisers, including leading universities and institutions from around the globe. The remarkable number of co-organisers is a significant recognition to our unwavering commitment and success in fostering international collaboration within the nursing field.

This year, the theme of the Forum is "Nurses' Impact on Planetary Health". Planetary health emphasises the complex interconnections between human well-being and the health of our planet, taking into account the vitality of its natural environment and the diverse array of living organisms that inhabit it. Nurses play an indispensable role in shaping planetary health through their multifaceted involvement in key areas, such as patient care, education, research, and the development of health policies. This Forum is dedicated to serving as a global platform for acknowledging and celebrating the significant contributions nurses have made in the past, as well as fostering dialogue and collaboration among nurses, other healthcare professionals, and policymakers to further expand their influence. By sharing knowledge, best practices, and innovative solutions, this platform aims to inspire and empower nurses to continue making a positive impact on both human health and the well-being of our planet, ultimately elevating their role in addressing pressing global health and environmental challenges in the years to come.

Last but not least, I wish this event every success and hope that all attendees will find this occasion to be a rewarding and enriching experience.

#### **Professor Chia-Chin Lin**

Director of School Alice Ho Miu Ling Nethersole Charity Foundation Professor in Nursing School of Nursing The University of Hong Kong

# Welcome Messages



**Professor Patsy Chau** 

School of Nursing
The University of Hong Kong
Co-Chairperson
Organising Committee



**Professor Edmond Choi** 

School of Nursing
The University of Hong Kong
Co-Chairperson
Organising Committee

As the co-chairpersons of the 13<sup>th</sup> Hong Kong International Nursing Forum, it is our distinct honor to welcome each of you to an event that stands at the intersection of nursing and the future of our environment. Your presence here not only enriches our collective knowledge but also reaffirms our shared dedication to the health of our communities and our planet.

In a world where the health of our environment increasingly intersects with the wellbeing of every individual, nurses are at the forefront of pioneering a sustainable approach to healthcare. We gather not only to spotlight the vital role nurses play in healthcare but also to underscore the profound influence they have on environmental stewardship and global health policies.

This conference is set to be a confluence of innovative minds and compassionate hearts, where we will explore the synergies between nursing practice and planetary health. During the conference, we will uncover new perspectives and approaches that will empower us to take actionable steps towards a healthier planet.

We invite you to engage fully over the course of this event, to connect with your peers, to share your insights, and to forge partnerships that will continue to thrive long after the conference concludes. Together, we will learn how to better care for our patients while also nurturing the world that sustains us all.

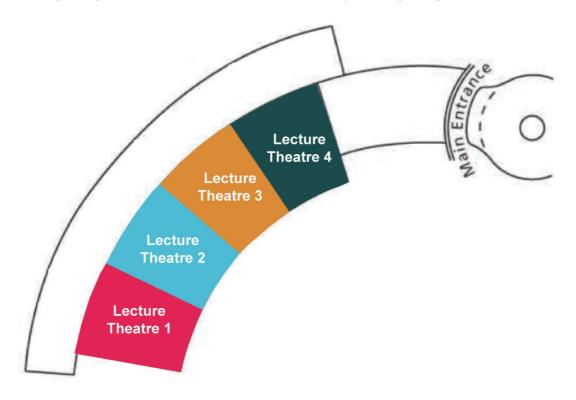
On behalf of the organising committee, we extend our heartfelt appreciation for your commitment to this vital mission. May our time together be both inspiring and transformative.

# Programme at a Glance

March 5, 2024 (Tuesday)			
09:00	Opening Ceremony		
09:15	Opening Keynote Address  Mr Henry Fan Hung-ling, Chairman Hospital Authority	Cheung Kung Hai Conference Centre	
09:30	Grace Tien Lecture Nurses as the Key to Global Wellness Professor Azita Emami, Dean, Yale School of Nursing, Yale University		
10:15	Break and e-poster viewing	Foyer of Cheung Kung Hai Conference Centre	
10:30	Panel Discussion Nurses' Impact to Planetary Health: Perspectives from Around the Globe  Professor Roinah Ngunyulu, Head, Department of Nursing, University of Johannesburg  Professor Hu Yan, Dean, School of Nursing, Fudan University  Professor Julia Slark, Head, School of Nursing, University of Auckland  Professor Patsy Chau, Associate Professor, School of Nursing, The University of Hong Kong  Professor Eric C. Ip, Co-Director, Centre for Medical Ethics & Law, Faculty of Law, The University of Hong Kong (Discussant)	Cheung Kung Hai Conference Centre	
11:45	Hong Kong International Nursing Forum Lecture Personalised Health to Planetary Health: The Impact of Nursing  Professor Hugh McKenna, Professor of Nursing, School of Nursing, Ulster University	Cheung Kung Hai Conference Centre	
12:30	Closing Ceremony	Cheung Kung Hai Conference Centre	

### Forum Venue

### Cheung Kung Hai Conference Centre, The University of Hong Kong



#### **REGISTRATION & ENQUIRY COUNTERS**

Lobby, G/F William M.W. Mong Block, 21 Sassoon Road, Pokfulam

#### **KEYNOTE LECTURES & PANEL DISCUSSION**

Lecture Theatres 3 – 4, Cheung Kung Hai Conference Centre, G/F, William M.W. Mong Block, 21 Sassoon Road, Pokfulam

#### **E-POSTER PRESENTATIONS**

Foyer of Lecture Theatres, Cheung Kung Hai Conference Centre, G/F, William M.W. Mong Block, 21 Sassoon Road, Pokfulam

#### **TEA BREAK**

Foyer of Lecture Theatres, Cheung Kung Hai Conference Centre, G/F, William M.W. Mong Block, 21 Sassoon Road, Pokfulam

# Keynote Speakers



**Mr Henry Fan Hung-ling** SBS, JP

Chairman Hospital Authority

Mr. Fan graduated from The University of Hong Kong with an honours degree in Economics and Business Management and also holds a Bachelor of Laws degree from the University of Beijing. He is a Barrister-at-Law in Hong Kong, and in England and Wales as well as an Attorney-at-Law in the State of California, U.S.A.

Mr. Fan has over 30 years of experience in business management and also practiced as a barrister in Hong Kong. He was a director and then managing director of CITIC Pacific Limited (now known as CITIC Limited) from 1990 and 1992 respectively to 2009. In addition, Mr. Fan was a deputy chairman of Cathay Pacific Airways Limited from 1997 to 2009 and an independent non-executive director of Hong Kong Exchanges and Clearing Limited from 2003 to 2009. He is currently an independent non-executive director of Sun Hung Kai Properties Limited and HKR International Limited. Mr. Fan is also the managing director of Hong Kong Glory Limited, a family investment company.

Mr. Fan has a long record of public service in Hong Kong. He is the Chairman of the Hospital Authority as well as a member of the board of directors of the West Kowloon Cultural District Authority.

Mr. Fan was a non-official member of the Executive Council of the Hong Kong Special Administrative Region, the Chairman of the Mandatory Provident Fund Schemes Authority, and a non-executive director of the Securities and Futures Commission. Mr. Fan was also on the Council of the University of Hong Kong and acted as Treasurer.

### **OPENING KEYNOTE ADDRESS**

09:15 - 09:30 | Lecture Theatres 3-4

## Keynote Speakers



**Professor Azita Emami** PhD, MSN, BSN, RN, FAAN

Dean
Linda Koch Lorimer Professor of Nursing
Yale School of Nursing
Yale University

Professor Azita Emami joined the Yale School of Nursing in 2023 as Dean, and Linda Koch Lorimer Professor of Nursing. She is an active researcher, an international advocate for expanding nursing's role in primary care, and a powerful voice for global equity of healthcare access. Her academic leadership experience spans two countries and 25 years.

Dean Emami a trustee of the Robert Wood Johnson Foundation and Yale New Haven Hospital, and she serves on several professional boards and committees. Dean Emami was a U.S. leader of the international Nursing Now initiative, a three-year global campaign (2018-2020) in collaboration with the International Council of Nurses and the World Health Organization that raised the visibility, status, and education opportunities of nurses worldwide.

Equity of opportunity in nursing education is a focal point for Dean Emami, who has been a national leader in developing efforts directed at making diversity, equity and inclusion a priority at schools of nursing. She initiated creation of the nation's first Center for Antiracism in Nursing, and has written and spoken in numerous professional settings to advocate for health equity and make visible the role of racial injustice and other social determinants as root causes of disparities in health outcomes and barriers to health care access for all.

#### **GRACE TIEN LECTURE**

09:30 - 10:15 | Lecture Theatres 3-4

#### Nurses as the Key to Global Wellness

Medical science has, until now, been a story of our advancing ability to treat illness. But we cannot treat our way into global wellness. We have to create wellness through prevention, and this is a task to which nurses are uniquely suited.

There are several reasons nurses are the key to global wellness. One of the most important is that statistically and strategically, we are fighting a losing battle in attaining wellness unless we prioritize prevention. One nurse in one day can vaccinate more children than a clinician can treat for a preventable illness in a week. In a month or two, the nurse will have provided long-term prevention to more children than the clinician can treat in a year.

Nurses are wellness advocates and educators. They increasingly have a population approach in analysing wellness and a global perspective when considering wellness and all the social and environmental determinants that are its causative elements.

# Programme at a Glance



Professor Hugh P. McKenna CBE, PhD, B.Sc(Hons), RMN, RGN, RNT, DipN(Lond), AdvDipEd, FFN RCSI, FEANS, FRCN, FAAN, MEA, MEASA

Professor of Nursing School of Nursing Ulster University

Professor Hugh McKenna was, until recently, Dean of Medical School Development and Pro Vice Chancellor Research and Innovation at Ulster University, UK. He has over 250 publications, including 17 books; his latest on the achievement and assessment of Research Impact. His research has been cited 23,252 times. He was appointed Commander of the British Empire (CBE) and is a Fellow of four prestigious nursing organisations. In 2013, he received an Outstanding Achievement Award from the UK Royal College of Nursing and in 2014, a lifetime achievement Award at the Royal College of Psychiatrists. In a 2018 Government report he was named one of the most influential nurses in the 70-year history of the NHS. In 2023, Nursing Times named him as one of the most influential nurses in the 75 years of the NHS. Also in 2023, he was named as one of the top 100 nurses in the 100-year history of Sigma Theta Tau.

He has presented keynote papers and led workshops on research impact in many countries on five continents. In 2008, 2014 and 2021, he chaired the UK's Research Excellence Framework's (REF) expert panel assessing research on dentistry, pharmacy, biomedical science, allied health professions and nursing and midwifery. A core element of the assessment was the judgment of research impact.

He has chaired research quality panels for the Swedish Research Council and chaired numerous panels for the Hong Kong Council for Accreditation. In 2019 and 2020, he received two Honorary Doctorates and held 7 international visiting professorships. In 2019, he was appointed Member of the Academia Europaea and in 2020 a Member of the European Academy of Sciences and Arts. His recent appointments include: in 2020 Trustee on the Alzheimer's Society UK, in 2022, Auditor for the Hong Kong Quality Assurance Council; in 2023, member of the Hong Kong Standing Review Board, in 2023, Visiting Professor at Brunel University, and in 2023, Editor-in-Chief of the Journal of Psychiatric and Mental Health Nursing. He is married to Tricia, a nurse, and they have a son and a daughter.

### HONG KONG INTERNATIONAL NURSING FORUM LECTURE

11: 45 – 12:30 | Lecture Theatres 3 – 4

### Personalised Health to Planetary Health: The Impact of Nursing

While personalised health and community health are easily understood terms, planetary heath is a relatively new concept. It has been described as the health of human civilization and the natural systems on which it depends. In other words, its aim is to exemplify and quantify the impacts of human-instigated disruptions of the Earths' resources and systems on human health. The emphasis of this presentation will be on prevention of ill health at a personal level and at a planetary level. While no disease affecting persons has ever been eradicated by treating those affected, I propose to illustrate that the same principle applies to planetary health. Nurses need to take notice of personalised health and planetary health and see them as a continuum requiring impactful research. I will outline the challenges facing nurses and suggest conclusions and recommendations.

Nurses' Impact to Planetary Health: Perspectives from Around the Globe

10: 30 – 11:45 | Lecture Theatres 3 – 4



Head and Associate Professor Department of Nursing

University of Johannesburg

Professor Roinah Ngunyulu

Professor Roinah Ngunyulu is an Associate Professor of Midwifery and the Head of Department of Nursing at the University of Johannesburg. She holds a Doctoral Degree in Nursing, master's degree in Midwifery and master's degree in Community Nursing Science from the University of Pretoria. In November 2022, she graduated from a UJ Women Leadership programme. She also worked as Senior Lecturer for community nursing science and midwifery at the University of Pretoria. Her research interest is indigenous knowledge, maternal and child and community health nursing. She is the Chairperson of Student Engagement Portfolio Committee at the Forum for University Deans in South Africa (FUNDISA). She is a Lead Researcher from FUNDISA/NRF PLUME Cohort II project. She served as the chairperson of HIV and AIDs Committee at the University of Pretoria in the Department of Nursing Science. She was a deputy chairperson of community engagement committee at the University of Pretoria. She presented papers at National and International conferences. She has published widely in accredited journals. ORCID number 0000 0002-06324319. She serves as an external examiner for master's and doctoral theses for different universities nationally and internationally. She is the current chairperson for U21 HSG Nursing and Midwifery Discipline Group.

Snowflakes in Johannesburg: What Climate Change Means to Nurses in Africa and the Globe?

This presentation will highlight the unique challenges and impacts of climate change on nursing in Africa, with a focus on Johannesburg and the surrounding region. With Professor Ngunyulu's role in U21 HSG Nurses and Midwifery Discipline Group, she can call for the collective efforts from nurses around the world to combat climate change.

Nurses' Impact to Planetary Health: Perspectives from Around the Globe

10: 30 – 11:45 | Lecture Theatres 3 – 4



Professor Yan Hu

Dean and Professor
School of Nursing
Fudan University

Professor Yan Hu is the Dean of the School of Nursing at Fudan University, Director of Fudan University Centre of Evidence-based Nursing and Shanghai Evidence-based Nursing Centre. She is also an editorial board member of the Journal of Advanced Nursing, International Journal of Nursing Science and other peer-reviewed nursing journals. In recent years, she has received numerous research grants from National Natural Science Foundation of China (NSFC), China Medical Board (CMB) and Shanghai Municipal Health Bureau, and have collaborated projects with nursing scholars in Australia and US. She has published more than 200 papers in peer-reviewed international and national nursing journals.

Professor Hu's area of study focuses on supportive cancer care. Currently she is leading her team developing and implementing symptom management guidelines for cancer patients, promoting evidence translation in cancer care areas. She was also editor-in-chief of two books on cancer nursing. Her works on cancer care and evidence-based nursing practice (EBNP) received two national awards and she is continuing putting her effort in promoting and improving supportive cancer nursing, especially in the development of information technology-based cancer-related symptom management.

#### Nurses as Agents of Change for Climate Action: From the West to the East

This presentation will emphasise that nurses from both Western and Eastern cultures play an important role in advocating for sustainability and addressing climate change. By showcasing the creative and innovative contributions of nurses in China, this presentation aims to highlight the global efforts of nurses with Eastern culture in driving positive change.

Nurses' Impact to Planetary Health: Perspectives from Around the Globe

10: 30 – 11:45 | Lecture Theatres 3 – 4



#### Professor Julia Slark

Head and Associate Professor School of Nursing University of Auckland

Associate Professor Julia Slark is the Head of School of Nursing at Waipapa Taumata Rau, University of Auckland. She qualified as a Registered Nurse in London, UK in 1993. She has 15 years' experience as a senior clinical nurse specialist in Stroke patient care, and was part of the team at Imperial College NHS Trust which implemented the London-wide, new stroke strategy to provide urgent hyper-acute stroke interventions to London regional populations in 2009. Julia obtained her PhD from Imperial College London, in 2012 which looked at risk awareness as a tool to improve secondary stroke prevention strategies. Since arriving in New Zealand in 2013, Julia has led two stroke development projects in Auckland and Waikato to implement hyper-acute stroke services and she developed and contributes to the interprofessional stroke courses at Waipapa Taumata Rau. She was the academic director of the BNurs programme at the University of Auckland for five years prior to taking up the position of Head of School in 2019. Julia is the inaugural Chair of the Stroke Nurse Forum Aotearoa which was established in November 2020. Julia is an enthusiastic and committed nurse, educator and researcher who is passionate about providing the highest standards of care to patients. Her research interests include nursing, education, and all aspects of stroke patient care.

Experience from the Southern Hemisphere: Climate Change Challenges and Opportunities for Nurses

The Southern Hemisphere is experiencing a larger adverse impact from climate change. This presentation will describe the climate change challenges in the Southern Hemisphere, using New Zealand as an example. The presentation will then discuss what nurses have done and what needs to be done to prepare for climate change.

Nurses' Impact to Planetary Health: Perspectives from Around the Globe

10: 30 – 11:45 | Lecture Theatres 3 – 4



**Professor Patsy Chau** 

Associate Professor School of Nursing The University of Hong Kong

Professor Patsy Chau is an Associate Professor in the School of Nursing at The University of Hong Kong, as well as an Honorary Research Fellow at the Sau Po Centre on Ageing. She is an active member of the Age-Friendly Hong Kong Steering Committee, which was launched by the Hong Kong Council of Social Service. Professor Chau obtained her Bachelor's degree and Doctor of Philosophy degree from The University of Hong Kong, and is also a CADENZA Fellow, having completed the CADENZA Leadership Programme. She has published over 140 articles in peer-reviewed journals in the fields of gerontology, public health, epidemiology, and nursing, with a particular interest in exploring the association between extreme weather and the well-being of older adults.

#### Nurses' Preparedness on Climate Change in the Past and the Future

It has been five years since the release of the International Council of Nurses Position Statement: Nurses, Climate Change and Health. Collaborating with the U21 HSG Nurses and Midwifery Group, a multinational survey has been conducted to assess to what extent nurses have achieved the recommendations and to what extent they plan to achieve them in the next five years. This presentation will share the preliminary findings from this survey.

Nurses' Impact to Planetary Health: Perspectives from Around the Globe

10: 30 – 11:45 | Lecture Theatres 3 – 4



Professor Eric C. Ip

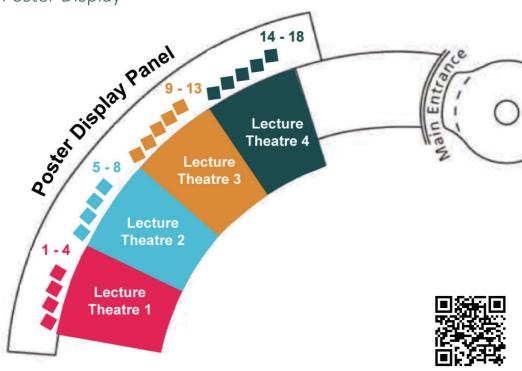
Co-Director Centre for Medical Ethics and Law Faculty of Law The University of Hong Kong

Professor Eric C. Ip (DPhil, Oxford) is a public health bioethicist and Co-Director of the Centre for Medical Ethics and Law at The University of Hong Kong (HKU), where he is Professor of Law. His work on the law and ethics of population health has appeared in The Lancet Public Health, The Lancet Planetary Health, American Journal of Public Health, Journal of Law and the Biosciences, Medical Law Review, and Journal of Medical Ethics. He is pioneering a new paradigm of planetary health law, which helps to develop a more coherent legal regime that addresses, among other things, the implications of the climate crisis on health and human rights. He teaches global health law for the School of Public Health.

Prior to joining HKU, Professor Ip taught at University College London and the Chinese University of Hong Kong (CUHK), where he served as Assistant Dean of Law. He has received the Young Researcher Award (2014) and Research Excellence Award (2015) from CUHK, and the Faculty Research Output Prize (2017), Faculty Outstanding Teaching Award (2018), University Research Output Prize (2020), Faculty Research Output Prize (2021), and University Outstanding Young Researcher Award (2021) from HKU, in recognition of his achievements in research or teaching.

#### Discussant

# E-Poster Display



Please scan the QR code for details of the e-posters

Display board number	Categories
1	Advanced nursing practice 1
2	Advanced nursing practice 2
3	Health care systems and policy
4	Health promotion and disease prevention 1
5	Health promotion and disease prevention 2
6	Health promotion and disease prevention 3
7	Health promotion and disease prevention 4
8	Health promotion and disease prevention 5
9	Health promotion and disease prevention 6
10	Health promotion and disease prevention 7
11	Information and communication technology & Others
12	Leadership
13	Nursing education 1
14	Nursing education 2
15	Patient-centred care 1
16	Patient-centred care 2
17	Patient-centred care 3
18	Planetary health & Others



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Ref: Safdar N, et al., Arterial catheter-related bloodstream infection: incidence, pathogenesis, risk factors and prevention, Journal of Hospital Infection (2013), http://dx.doi.org/10.1016/j.jhin.2013.06.018.\* data rounded to the nearest ten.



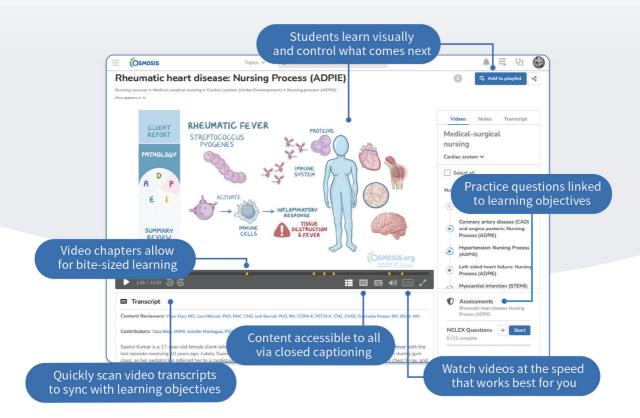
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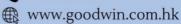


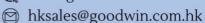












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